

## APPENDIX 2

### National, regional and local telephone numbers, web sites, etc

#### National

Age Concern - England	0800 00 99 66 <a href="http://www.ageconcern.org.uk">www.ageconcern.org.uk</a>
Age Concern - Northern Ireland	02890 245 729 <a href="mailto:info@ageconcernni.org">info@ageconcernni.org</a> <a href="http://www.ageconcernni.org">www.ageconcernni.org</a>
Age Concern - Personal Alarm System	0800 772 266 <a href="http://www.aidcall-alarms.co.uk">www.aidcall-alarms.co.uk</a>
Age Concern - Personal Alarm System (Northern Ireland)	0808 100 4545 <a href="http://www.aidcall.co.uk/ni">www.aidcall.co.uk/ni</a>
Age Concern - Scotland	0845 833 0200 <a href="mailto:enquiries@acscot.org.uk">enquiries@acscot.org.uk</a> <a href="http://www.ageconcernscotland.org.uk">www.ageconcernscotland.org.uk</a>
Age Concern - Wales	02920 431 555 <a href="mailto:enquiries@accymru.org.uk">enquiries@accymru.org.uk</a> <a href="http://www.accymru.org.uk">www.accymru.org.uk</a>
Age Northern Ireland	0808 808 7575 <a href="mailto:info@ageconcernhelptheagedni.org">info@ageconcernhelptheagedni.org</a> <a href="http://www.ageuk.org.uk/northern-ireland">www.ageuk.org.uk/northern-ireland</a>
Age Scotland	0845 125 9732 <a href="mailto:info@agescotland.org.uk">info@agescotland.org.uk</a> <a href="http://www.ageuk.org.uk/scotland">www.ageuk.org.uk/scotland</a>
Age UK	0800 169 6565 <a href="mailto:contact@ageuk.org.uk">contact@ageuk.org.uk</a> <a href="http://www.ageuk.org.uk">www.ageuk.org.uk</a>
Age Wales	0800 169 65 6 <a href="mailto:enquiries@agecymru.org.uk">enquiries@agecymru.org.uk</a> <a href="http://www.ageuk.org.uk/cymru">www.ageuk.org.uk/cymru</a>
Alzheimer's Society	020 7423 3500 <a href="mailto:enquiries@alzheimers.org.uk">enquiries@alzheimers.org.uk</a> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>

Bettercaring - Care home search facility	0845 644 1702 <a href="mailto:info@bettercaring.com">info@bettercaring.com</a> <a href="http://www.bettercaring.com">www.bettercaring.com</a>
British Red Cross	0844 871 1111 <a href="mailto:information@redcross.org.uk">information@redcross.org.uk</a> <a href="http://www.redcross.org.uk">www.redcross.org.uk</a>
Carers Direct	0808 802 0202 <a href="http://www.nhs.uk/carersdirect">www.nhs.uk/carersdirect</a>
Carers Northern Ireland	02890 439 843 <a href="mailto:info@carersni.org">info@carersni.org</a> <a href="http://www.carersni.org">www.carersni.org</a>
Carers Scotland	01412 219 141 <a href="mailto:info@carerscotland.org">info@carerscotland.org</a> <a href="http://www.carersscotland.org">www.carersscotland.org</a>
Carers UK	0808 808 7777 <a href="mailto:info@carersuk.org">info@carersuk.org</a> <a href="http://www.carersuk.org">www.carersuk.org</a>
Carers Wales	02920 811 370 <a href="mailto:info@carerswales.org">info@carerswales.org</a> <a href="http://www.carerswales.org">www.carerswales.org</a>
Citizens Advice Bureaux - England and Wales	<a href="http://www.citizensadvice.org.uk">www.citizensadvice.org.uk</a>
Citizens Advice Bureaux - Northern Ireland	<a href="http://www.citizensadvice.co.uk">www.citizensadvice.co.uk</a>
Citizens Advice Bureaux - Scotland	<a href="http://www.cas.org.uk">www.cas.org.uk</a>
Commission for Social Care Inspection (CSCI)	0845 015 0120 <a href="mailto:enquiries@csci.gsi.gov.uk">enquiries@csci.gsi.gov.uk</a> <a href="http://www.csci.org.uk">www.csci.org.uk</a>
Cruse	0844 477 9400 <a href="mailto:helpline@cruse.org.uk">helpline@cruse.org.uk</a> <a href="http://www.crusebereavementcare.org.uk">www.crusebereavementcare.org.uk</a>
Department of Health - Publications Department	03001 231 002 <a href="mailto:dh@prolog.uk.com">dh@prolog.uk.com</a> <a href="http://www.dh.gov.uk">www.dh.gov.uk</a>

Help the Aged	0207 278 1114 <a href="mailto:info@helptheaged.org.uk">info@helptheaged.org.uk</a> <a href="http://www.helptheaged.org.uk">www.helptheaged.org.uk</a>
HM Revenue and Customs	0845 010 9000 <a href="http://www.hmrc.gov.uk">www.hmrc.gov.uk</a>
Lions Clubs International	0845 833 9502 <a href="http://www.lionsmd105.org">www.lionsmd105.org</a>
Mencap	0808 808 1111 <a href="mailto:help@mencap.org.uk">help@mencap.org.uk</a> <a href="http://www.mencap.org.uk">www.mencap.org.uk</a>
NHS Direct (England)	0845 46 47 <a href="http://www.nhsdirect.nhs.uk">www.nhsdirect.nhs.uk</a>
NHS Direct (Scotland) / NHS 24	0845 424 2424 <a href="http://www.nhs24.com">www.nhs24.com</a>
NHS Direct (Wales)	0845 46 47 <a href="http://www.nhsdirect.wales.nhs.uk">www.nhsdirect.wales.nhs.uk</a>
Office of the Public Guardian	0845 330 2900 <a href="mailto:customerservices@publicguardian.gsi.gov.uk">customerservices@publicguardian.gsi.gov.uk</a> <a href="http://www.publicguardian.gov.uk">www.publicguardian.gov.uk</a>
Parkinson's Disease Society	0808 800 0303 <a href="http://www.parkinsons.org.uk">www.parkinsons.org.uk</a>
RADAR - The Disability Network	0207 250 3222 <a href="mailto:radar@radar.org.uk">radar@radar.org.uk</a> <a href="http://www.radar.org.uk">www.radar.org.uk</a>
Rotary in Great Britain and Ireland (RIBI)	01789 765 411 <a href="mailto:info@ribi.org">info@ribi.org</a> <a href="http://www.ribi.org">www.ribi.org</a>
Royal National Institute for the Blind	0303 123 9999 <a href="mailto:helpline@rnib.org.uk">helpline@rnib.org.uk</a> <a href="http://www.rnib.org.uk">www.rnib.org.uk</a>
Royal National Institute for the Deaf	0808 808 0123 <a href="mailto:informationline@rnid.org.uk">informationline@rnid.org.uk</a> <a href="http://www.rnid.org.uk">www.rnid.org.uk</a>

Samaritans	0845 790 9090 <a href="mailto:jo@samaritans.org">jo@samaritans.org</a> <a href="http://www.samaritans.org">www.samaritans.org</a>
St. John Ambulance	08700 10 49 5 <a href="http://www.sja.org.uk">www.sja.org.uk</a>
Stroke Association	0845 303 3100 <a href="mailto:info@stroke.org.uk">info@stroke.org.uk</a> <a href="http://www.stroke.org.uk">www.stroke.org.uk</a>
The Mental Health Foundation	0207 803 1101 <a href="mailto:mhf@mhf.org.uk">mhf@mhf.org.uk</a> <a href="http://www.mhf.org.uk">www.mhf.org.uk</a>
The Pension Service	0845 606 0265 <a href="http://www.thepensionservice.gov.uk">www.thepensionservice.gov.uk</a>
The Princess Royal Trust for Carers - Scotland	0141 221 5066 <a href="mailto:infoscotland@carers.org">infoscotland@carers.org</a> <a href="http://www.carers.org">www.carers.org</a>
The Princess Royal Trust for Carers - UK	0844 800 4361 <a href="mailto:info@carers.org">info@carers.org</a> <a href="http://www.carers.org">www.carers.org</a>
The Princess Royal Trust for Carers - Wales	02920 221788 <a href="mailto:infowales@carers.org">infowales@carers.org</a> <a href="http://www.carers.org">www.carers.org</a>

## Regional

## Local

Administrative area of Teignbridge District Council:

01626361101  
[www.teignbridge.gov.uk](http://www.teignbridge.gov.uk)

### **Alzheimer's Society:**

Dementia Help Line 0845 300 0366

South Devon 01803 669 216

### **British Red Cross:**

Loan and Delivery Service 0845 331 3331

Newton Abbot 01626 369 731

### **Carers Group / Centre:**

Carers UK (Teignbridge) 01392 824 752

Kingsteignton Health Centre (Kings Care) 0844 477 2429

Newton Abbot Carers Group 01626 362 179

South Devon Carers Consortium 01803 294 275  
[info@sdcarers.org.uk](mailto:info@sdcarers.org.uk)

Teignmouth and Dawlish Carers Group 01626 772 161

### **Citizens Advice Bureaux (CAB):**

Dawlish 01626 864 110

Newton Abbot 01626 203 141

Teignmouth 01626 776 770

### **Community Car / Bus Scheme:**

Ring and Ride - East Teignbridge 01626 888 777

Ring and Ride - Newton Abbot and West Teignbridge 01626 334 428

### **Emergency Services:**

Fire Service - Free Home Safety Visit 0800 731 1822

**Health Related Products, etc:**

D.H.S. Health Care Ltd 0800 783 7654

Refurnish - second hand low cost furniture, etc. 01626 362 313

**Hospitals - Local:**

Ashburton / Buckfastleigh 01364 652 203

Bovey Tracey 01626 832 279

Dawlish 01626 868 500

Exeter - Whipton 01392 208 333

Harbourne Unit Totnes (Inpatient Service) 01803 869 250

Mortonhampstead 01647 440 217

Newton Abbot 01626 354 321

Teignmouth 01626 772 161

Totnes 01803 869 250

**Housing Associations:**

Devon Care and Repair - Home improvements / adaptations 01626 355 793

**Lions Clubs:**

Teignmouth 01626 354 753

**Mental Health in the Community:**

Community Mental Health Services for Older People 01626 363 838

**NHS Partnership / Trust:**

Devon Partnership NHS Trust (Templar House) 01626 362 179

**Pensions Office and Benefits Agency:**

Pensions Office and Benefits Agency 01626 325 400

**Registration Office (Birth, Marriage, Death):**

Teignbridge 01626 206 340

**Shop Mobility:**

Newton Abbot

01626 335 775

Teignmouth

01626 777 775

**Volunteer Group / Centre:**

Dawlish and East Teignbridge Volunteer Centre

01626 888 321

[dawl-vb@eurobell.co.uk](mailto:dawl-vb@eurobell.co.uk)

Volunteering in Health - Teignmouth and Dawlish

01626 772 161